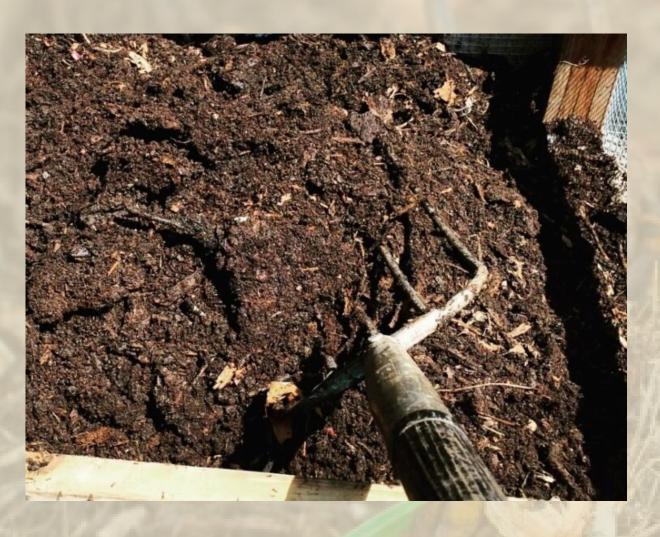


# YOUTH 4 MPAS COMPOSTING TIBLE

### WHAT IS COMPOSTING?

- Composting is a process by which organic matter, such as leaves and food scraps, decomposes into soil.
- It's a great way to recycle scraps from your yard and kitchen while also enriching the in your garden, improving water retention, and protecting against erosion.





#### WHY COMPOST?

- Recycle kitchen scraps instead of tossing them, which reduces food waste and helps minimize your environmental impact.
- Compost helps soil retain more moisture and nutrients, prevents erosion by breaking up compacted soil, and lowers the need for synthetic fertilizers.

## DO NOT COMPOST!

 Pet waste, bones or scraps from meat, fish, poultry, and dairy products.

# **WHAT CAN YOU COMPOST?**

flowers, and wood chips.

 Food scraps, lawn trimmings, fruit vegetable peels, coffee grounds, eggshells, paper, cardboard, grass clippings, leaves,

#### STEP-BY-STEP GUIDE TO MAKE YOUR OWN COMPOST

- 1. Choose a Bin: Select or build a compost bin that retains moisture and heat, and allows ground contact.
- 2. Pick a Spot: Find a dry, shaded spot near water for your compost setup.
- 3. Start Layering: Begin with brown materials for airflow, followed by green scraps.
- 4. Moisten Materials: Keep your compost as damp as a wrung-out sponge.
- 5. Aerate Regularly: Turn your compost pile every few weeks to speed up decomposition.
- 6. Use Compost: After 2-5 months, your compost should be ready for garden or potting use.